



# RALPHIE'S REVIEW

THE COMPLIANCE NEWSLETTER FOR COLORADO ATHLETICS STAFF

JANUARY 2009

## OUT-OF-SEASON C.A.R.A.

NCAA rules also limit the time spent per week with your team when you are out of season. Coaches can spend 8 hours per week with the team. Things that count toward this limit are:

- \* Skill instruction with your coach, a.k.a. individual workouts. These can be for NO MORE than 2 hours per week (football excluded).
- \* Strength and Conditioning workouts

Coaches also must have two days off where student-athletes engage in NO required athletic activity. This does not preclude them from engaging in voluntary athletic activities. These hour restrictions are in place only during the academic year and do not apply to the summer.

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## SPORTS WAGERING REMINDER

*Since the Super Bowl is upon us, please remember that staff are prohibited from participating in any wagering on this event. Money or anything of value wagered on a sport the NCAA sponsors it is impermissible.*

## IN-SEASON C.A.R.A.

NCAA rules have limits in place on the amount of required time student-athletes can spend per week devoted to their sport. When they are "in-season" they can spend 20 hours per week devoted to their sport. Things that count toward this limit are:

- \* Competitions (count for 3 hours regardless of competition length)
- \* Practice
- \* Strength and Conditioning workouts

Coaches can only have a maximum of 4 hours per day of athletic activity with their student-athletes. They also must have one day off where they engage in NO required athletic activity. This does not preclude them from engaging in voluntary athletic activities (e.g. pick up games, running on their own).

PROTECT

YOUR  TEAM

## IN THE NEWS

An amateurism case was recently upheld by the NCAA regarding a student-athlete's dealings with an agent. The student-athlete believed he was utilizing the services of an agent permissibly because, while he was still competing in the sport of baseball, the agent was said to only be an "advisor" to the young man. This is common for baseball student-athletes. When the student-athlete decided to use baseball superagent Scott Boras as his advisor, the original agency sent the student-athlete and his family a bill totaling over \$100,000 in services rendered by the agency. The NCAA allows student-athletes to use advisors as long as they do not become agents. If the student-athlete incurs expenses from this person's services, the advisor is then considered an agent. The student-athlete is then ineligible for retaining an agent while still being an amateur.

## RECRUITING CALENDAR

Sport	Period Type	Dates
CC/T&F	Quiet	1/1-1/2
	Contact	1/3-1/31
Football	Dead	1/1
	Quiet	1/2-1/4
	Contact	1/5-1/10
	Quiet	1/11
	Dead	1/12-1/15
	Quiet	1/16-1/17
	Contact	1/18-1/31
Men's BB	Evaluation	1/1-1/31
Women's BB	Evaluation	1/1-1/31
Volleyball	Quiet	1/1-1/16
	Contact	1/17-1/31
Other Sports	Contact	1/1-1/31

## COMPLIANCE UNSUNG HERO



### JIM COONS

*Business Office  
Procurement Coordinator*

Jim has been a big help to the Compliance Office. He has done a lot of work to help ensure that CU Athletics is balancing NCAA rules versus CU fiscal policy to make sure we are satisfying both sets of guidelines. Specifically, Jim has been a great help in trying to figure out how we can correctly provide meals to our teams during both home games and away trips. Thanks for all your hard work Jim!

## COMMENTS ABOUT PROSPECTS

As our final three sports approach their signing periods in the coming weeks, please remember that staff members are NOT allowed to comment in ANY WAY about any recruit. The only permissible comments to make would be, "Yes, we are recruiting that person," or "no, we are not recruiting that person." Those are the only comments that can be made about a PSA until that PSA signs a National Letter of Intent with the University of Colorado. Therefore, all comments about our pending signings in Football, Soccer, and Track & Field must be held until AFTER we receive a valid NLI from that PSA!